

MOTION BY SUPERVISOR ZEV YAROSLAVSKY

September 18, 2012

It is estimated that nearly 11 percent of Los Angeles County residents —more than 1,065,000—are 65 years of age or older. Perhaps one-third of adults over the age of 65 and 50 percent of adults over the age 80 will suffer a fall sometime during the year. Falling and the fear of falling can lead to depression, isolation, diminished mobility, and loss of functional independence.

However, falls are not inevitable and can be reduced. The Fall Prevention Coalition—Los Angeles comprises member organizations including the Los Angeles County Department of Community and Senior Services, the County Public Health Department, and other groups, are making a concerted effort during the week of September 23-29, 2012 in Los Angeles County to reduce falls and fall-related injuries among the elderly by educating older Angelenos and service providers about ways to reduce fall risk with posters, handouts, and place mats in community centers, senior housing, congregate meal sites, medical centers and hospitals.

I, THEREFORE, MOVE that the Board of Supervisors:

- 1) Join the State (SCR 77-2008) by proclaiming September 23-29, 2012 as Fall Prevention Awareness Week in Los Angeles County, and commend the Fall

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MOLINA _____

RIDLEY-THOMAS _____

KNABE _____

ANTONOVICH _____

YAROSLAVSKY _____

Prevention Coalition—LA's efforts to educate our community about Fall Prevention;

- 2) And further, that the Board of Supervisors encourage all citizens and interested groups to observe the week with appropriate activities that promote awareness of fall prevention.

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